

OCTOBER 2026 VEGETARIAN

TOP SPANISH CATERING, INC



Monday

SEPTEMBER 28

Vegetarian Patty
WG Roll; Mixed Veggies
Apples

Vegetarian Patty **5**
WG Roll
Mashed Potatoes
Green Beans
Orange

NO SCHOOL **12**

Vegetarian Patty **19**
Hot Dog Roll
Sweet Potatoes
Apples

Black Bean Patty **26**
WG Roll
Baked Beans
Apples

Tuesday

SEPTEMBER 29

Vegetarian Meat Pasta
with
Tomato Sauce
Broccoli

Black Bean Patty **6**
Sandwich
Sweet Potatoes
Apples
Ketchup

Vegetarian Patty **13**
WG Roll
Baked Beans
Pears

Vegetarian Meat Taco **20**
WG Flour Tortilla
Pinto Beans
Oranges

Vegetarian Patty **27**
Mashed Potatoes
Green Beans
WG Roll
Bananas

Wednesday

SEPTEMBER 30

Arroz con Queso
(Rice & Beans with
Cheese); Corn
Pears

Spanish Rice with **7**
Vegetarian Meat
Pinto Beans
Bananas

Vegetarian Meat **14**
Stew with
Mixed Vegetables
Brown Rice
Bananas

Black Bean **21**
Burger
Potatoes
Bananas
Ketchup

Vegetarian Meat **28**
Teriyaki with
Stir Fry Vegetables
Brown Rice
Pears

Thursday

Black Bean Patty **1**
WG Roll
Carrots
100% Grape Juice

Cheese Pizza **8**
Broccoli
Oranges

NO SCHOOL **15**

Vegetarian Patty **22**
WG Roll
Mixed Vegetables
100% Grape Juice

Cheese Pizza **29**
Broccoli
Oranges

Friday

BAGGED **2**
½ DAY LUNCHES:
SunButter & Jelly
Sandwich, 100% Juice

BAGGED **9**
½ DAY LUNCHES:
Green Salad with
Grilled Tofu, Chips
100% Grape Juice

NO SCHOOL **16**

BAGGED **23**
½ DAY LUNCHES:
SunButter & Jelly
Sandwich, Salad, 100%
Juice

BAGGED **30**
½ DAY LUNCHES:
Green Salad With
Grilled Tofu, Chips
100% Apple Juice

- All menus served with appropriate condiments and 1% Milk or Fat Free Milk.
- Menu subject to change.
- Daily fruit offered might change depending on availability.

This institution is an equal opportunity provider